

## Ar kramtomoji guma su ksilitoliu gali padėti išvengti dantų ėduonies?

### Literatūra

1. Addy M, Perriam E, Sterry A. (1982). Effects of sugared and sugar-free chewing gum on the accumulation of plaque and debris on the teeth. *J Clin Periodontol* 1982;9:346-54.
2. Fascinating Facts ABOUT the Invention of Chewing Gum by Thomas Adams in 1845. The Great Idea Finder Web site. Available from: <http://www.idealfinder.com/history/inventions/story056.htm>
3. GBD 2017 Disease and Injury Incidence and Prevalence Collaborators . (2017). Global, regional, and national incidence, prevalence, and years lived with disability for 354 diseases and injuries for 195 countries and territories, 1990-2017: a systematic analysis for the Global Burden of Disease Study 2017. *Lancet*. (2018) 392:1789–858. 10.1016/S0140-6736(18)32279-7
4. Nouf Alshibani, Manal Shalabi, Khuloud AlMugbel ir kt. (2022). Xylitol content and acid production of chewing gums available in the markets of Saudi Arabia. *Saudi Dent J* 2022 Feb;34(2):121-128. DOI: 10.1016/j.sdentj.2021.11.00
5. Pizzo G., Licata M.E., La Cara M. ir kt. (2007). Effects of sugar-free chewing gums on dental plaque regrowth: A comparative study. *J Dent* 2007;35:503-8
6. Riley P., Moore D., Ahmed F., Sharif M., Worthington H. (2015). Xylitol-containing products for preventing dental caries in children and adults. *Cochrane Database Syst. Rev.* 2015;26:CD010743.
7. Sharma N.C, Galustians J.H, Qaqish J.G. (2001). An evaluation of a commercial chewing gum in combination with normal toothbrushing for reducing dental plaque and gingivitis. *Compend Contin Educ Dent* 2001;22:13-7.